

LOCAL & REGION

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Drought conditions worsen in West Ala.

Weekend rain will help, but not enough

By Ed Enoch
Staff Writer

The rain forecast for this weekend isn't expected to do much to lessen drought conditions across West Alabama, according to the National Weather Service's Birmingham office.

Extreme drought conditions exist across the central part of Tuscaloosa County and the southern sections of Jefferson County.

The latest U.S. Drought Monitor report indicates most of the state is experiencing moderate to severe drought conditions. The southeast corner of the state and a band stretching northeast from Pickens County to DeKalb County are under severe drought conditions.

Saturday night, rain is expected to return to the area. There is also a chance of more rain Sunday morning.

The weather service expects the weekend weather system to bring half an inch to 1 inch of rainfall to the area, said meteorologist Tara Goggins.

"Every little bit does help," she said.

But the precipitation isn't expected to reverse the drought conditions.

Tuscaloosa has recorded 1.72 inches of precipitation in January, according to the weather service records.

The typical average for the area during the first month of the year is 5.35 inches. In January 2017, the area recorded 7.2 inches of rainfall.

Another weather system is expected to arrive

mid-week and could bring more precipitation, Goggins said.

Early last fall, the state was free of drought conditions, though dry conditions began to return in late 2017.

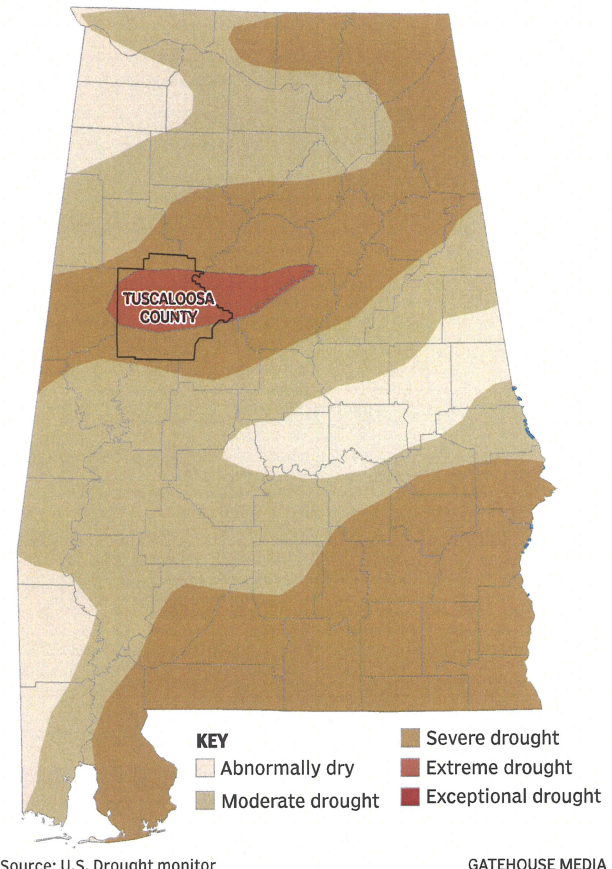
At the beginning of the year, west central and south Alabama were abnormally dry.

Despite periodic fronts bringing some precipitation, rain totals remain relatively light with most locations below normal averages for this time of year.

The short-term outlook calls for normal precipitation and a chance of below normal temperatures. But the outlook for late February from the National Weather Service's Climate Prediction Center predicts warmer drier conditions to continue.

Drought conditions worsen

Central portions of Tuscaloosa County are now in extreme drought conditions, according to the U.S. Drought Monitor.



Source: U.S. Drought monitor

GATEHOUSE MEDIA

Looking at career opportunities



Buhl Elementary fourth-grade students tour the Radiology Clinic in Tuscaloosa on Friday. The children were job shadowing various imaging specialists to see what they do and the high-tech equipment they use. Students, including Newt Norris, center, check out a computed tomography, or CT, scanner. ONLINE: See video of the students looking at career opportunities at www.tusaloosaneews.com. [GARY COSBY JR./STAFF PHOTO]

Second location of Whataburger planned

One will be at Skyland Boulevard, the other off McFarland Boulevard

By Jason Morton
Staff Writer

With weeks to go before Tuscaloosa's first Whataburger opens on Skyland Boulevard, the company is announcing that a second location of the Texas-based restaurant is coming to the Druid City.

"Coming Soon" reads the sign erected at 1301 McFarland Blvd. E., just in front of the Lofts at City Center student-housing development and directly across from Shoppes at Legacy Park retail center.

Its completion will mark a return of hamburgers to

the corner of 13th Street and McFarland Boulevard, which is where Milo's Original Burger Shop operated before the tornado of April 27, 2011.

The original Milo's building was destroyed, along with what once was the Wood Square Shopping Center, in the storm, but Milo's has since reopened just off Skyland Boulevard. Coincidentally, the new Milo's is almost directly across from Whataburger's first Tuscaloosa location on Skyland Boulevard near Alabama Highway 69 South, which is nearing completion and slated to open this spring.

Company officials said the city's second Whataburger location, placed to cater to the University of Alabama crowd, is expected to be open this summer.

"Whataburger is excited to bring more flavor to Crimson Tide fans with the opening of our second restaurant open 24 hours a day, seven days a week," said John Attra, Whataburger director of operations, in a news release announcing the new site. "We're a proud sponsor of Alabama athletics and look forward to serving familiar faces, along with new friends and neighbors for breakfast, lunch and dinner."

The new Whataburger is going on property owned and operated by Birmingham-based Capital Growth Buchalter Inc., the company behind the Lofts at City Center, which broke ground in 2012, and the Shops at City Center that brought the Aldi grocery store and Texas Roadhouse

restaurant to the Tuscaloosa market in 2015.

Tuscaloosa native Robert W. Buchalter, the president and chief real estate officer of Capital Growth Buchalter, said the company had been working for years to bring Whataburger to this location.

"At Capital Growth Buchalter, we have been working closely with Whataburger corporate for almost three years to locate at our City Center Development," Buchalter told The Tuscaloosa News. "I am extremely happy that this has come to fruition."

"I visited my first Whataburger in Texas some 25 years ago. I am quite pleased that Whataburger will be a tremendous addition to the dining

See LOCATION, B3

Moe's to open new location

Downtown staple plans site on south side

By Stephen Dethrage
Staff Writer

Moe's Original Bar B Que, a staple in downtown Tuscaloosa for nearly a decade, will open a second location in the city's south side next month.

Laura Moss, who has owned the restaurant on University Boulevard since it opened in 2009, said she hopes the new location will open in mid-March.

The new barbecue joint will open at 6570 Alabama Highway 69 South in the Hillcrest Center at the former site of Hot Wok Express.

Moss said she's excited to open a new Moe's in that area after nine years in the same spot.

"I was interested in doing something else that wasn't in the downtown district," Moss said. "The Hillcrest area seems to be continually growing and you've got a lot of strong businesses down there that fit the clientele we tend to cater to."

Moss said the atmosphere at the Hillcrest restaurant will be notably tamer than the first Moe's, which becomes a core part of the downtown bar scene most nights. Although the new restaurant will still serve beer and Moe's signature Bushwacker — an alcoholic chocolate milkshake — Moss said they won't have a traditional bar and will close earlier than the downtown location.

"The downtown location is kind of a restaurant-slash-bar, and that works really well there," Moss said. "But the new location will just be a restaurant. We'll close at 9 or 10 each night. Our main concentration there is going to be on the food."

Moss said the new location will employ 15-20 people and cater to the specific demands of the Hillcrest area.

"There are not a lot of restaurant options here and most

See MOE'S, B3

DEAR ABBY

Bride's second wedding complicates shower etiquette



Jeanne Phillips

DEAR ABBY: My younger sister is planning a destination wedding this summer. Recently she had a courthouse wedding for health insurance purposes because she's going back to school full-time.

I am the matron of honor and she also has a maid of honor (which I am confused about; can you have both?). She is still planning her destination wedding because she won't consider herself "really married" until the formal ceremony. Save-the-date notices were already sent.

I told her I didn't feel comfortable throwing a bachelorette party since she's already married. She was fine with it, and mentioned the maid of honor may have a bonfire with their friends. I thought a lingerie bridal shower would be nice since they have been living together for some time and don't need household items. Is a bridal shower appropriate after a wedding? I feel it should be lightheartedly disclosed on the bridal shower invitation that they are already married. Is this OK? — JESSICA, MATRON OF HONOR

DEAR JESSICA: If you wish to throw a lingerie shower, I think it would be sweet, although showers are technically not supposed to be hosted by family members. Her friends would probably enjoy it. But to disclose on the invitation that your sister is already married — lightheartedly or not — would be in poor taste.

DEAR ABBY: I have never had a good relationship with my father. He was extremely abusive and controlling when I was growing up. Regardless,

I have tried to maintain a relationship with him — albeit a superficial one — now that I'm an adult.

For the past few years, Dad has been seeing a woman my age. I have tried my best to maintain a relationship with her as well. The problem is, they are extremely touchy-feely when they're together, and it makes me very uncomfortable. For example, they're always rubbing each other, hanging on each other, or she sits on his lap when we're out for drinks. I tried to talk to my father about it. He became extremely angry when I asked if they could keep it to a minimum around me. Moreover, they recently let it slip that they started dating before she was 18. I don't feel comfortable with their relationship at all. Am I wrong to feel this way? — UNCOMFORTABLE IN THE WEST

DEAR UNCOMFORTABLE: I don't think so. Your feelings are your feelings, and you are entitled to them. Because being around your father and this young lady makes you uncomfortable, consider seeing him one-on-one, apart from her, if he can manage to separate from her for a half-hour or an hour.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069. What teens need to know about sex, drugs, AIDS and getting along with peers and parents is in "What Every Teen Should Know." Send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby, Teen Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

HOROSCOPES

By Jeraldine Saunders
Tribune Content Agency

ARIES (March 21-April 19): Spend time with people you care about, but don't turn a new relationship into a more intimate connection. Wait to be sure that your heart is in the right place.

TAURUS (April 20-May 20): It takes more than chemical attraction to make a relationship last. Take the time to know someone better before you launch a full-fledged romantic campaign.

GEMINI (May 21-June 20): Plotting and planning is not the solution to any obstacles. Hold off on making an irrevocable decision and do not implement new procedures.

CANCER (June 21-July 22): Digest new information at your leisure and wait a few more days before acting on inspired ideas. Someone might entrust you with sensitive information.

LEO (July 23-Aug. 22): True commitment strengthens over time. Affairs of the heart will take a turn for the better if you are willing to treat a romantic hookup as fairly as a business associate.

VIRGO (Aug. 23-Sept. 22): The workplace can be a hotbed of unrest, so steer clear of controversies. Avoid beginning any new medications or meeting with a new medical practitioner.

LIBRA (Sept. 23-Oct. 22): Remember to be as nice as possible to everyone and to compete fairly. Focus on social activities that let you exercise your body and enrich your heart.

SCORPIO (Oct. 23-Nov. 21): Do not take anything for granted if your family is

concerned. Avoid disputes. Remain sensitive to other people's feelings and do not begin new projects.

SAGITTARIUS (Nov. 22-Dec. 21): Don't join a new group, but keep in touch with existing contacts to promote your business. Alternatively, your social network may be involved in a fundraising effort.

CAPRICORN (Dec. 22-Jan. 19): Your business instincts are sharp. You may become fascinated by new technologies that can improve your efficiency. Hold off on making any impulsive expenditures.

AQUARIUS (Jan. 20-Feb. 18): It is a good time to appear in public. It will be necessary to keep up with your commitments and give no one a reason to criticize you.

PISCES (Feb. 19-March 20): Promote peace. Sensitivity and a sense of discretion will endear you to others. Use shrewdness to handle financial situations and take key steps next week.

IF TODAY IS YOUR BIRTHDAY: Getting ahead in the material world may be a main focus during the next three to four weeks. You may be filled with confidence during March and might find it easy to relax because everything seems to be going your way. Overconfidence, however, can put you in a bad position with financial matters in May. Don't get sidetracked by an appealing fantasy in July or early August. You might only see what you want to see. You can be a successful business person or use your "street smarts" to make money in late September and early October. That is a good time to make key decisions.

MOE'S

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people just are passing through, going to Hillcrest High or coming back from Shelton State, something like that," Moss said. "We'll have a pickup window service so you can call ahead and pick up lunch or dinner on the way to wherever you're going."

The restaurant falls just north of the southern border of the Tuscaloosa city limit, in an area represented by District 2 City Councilwoman Raevan Howard. Howard said she was excited to have Moe's opening a location in her district and reaffirmed her commitment to economic development in Tuscaloosa, particularly in the West End.

Reach Stephen Dethrage at stephen.dethrage@tuscaloosaneews.com or 722-0227.

LOCATION

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options in Tuscaloosa."

Whataburger plans to hire up to 100 employees for the second Tuscaloosa location and is looking for managers. The company has a number of opportunities to gain leadership and career development training at Whataburger University in San Antonio, Texas.

Interested candidates can find more information about the open positions and benefits on the company's website, whataburger.com/careers.

Tuscaloosa's first Whataburger was announced in October 2016 as a new tenant for land managed by developer Stan Pate in front of the Cobb Hollywood 16 Cinemas near the intersection of Skyland Boulevard and Alabama 69.

But it took until October 2017 for construction to get under way.

A job fair for the Skyland Boulevard location recently was held at the Embassy Suites hotel in downtown Tuscaloosa to find some of the up to 100 or so workers to be hired here.

The first Whataburger opened in Alabama in 1973 when a Whataburger team member from the company's headquarters of Corpus Christi, Texas, relocated to bring the restaurant to Mobile.

Four decades later, the company operates in several cities across the state, from Foley to Birmingham.

Whataburger also supports local nonprofit organizations, chambers, high school athletic programs and Christmas parades throughout the state.

Whataburger serves fresh, made-to-order burgers in more than 810 locations. Its menu features burgers made with 100 percent pure beef and fresh-cut vegetables, along with chicken strips, French fries and milkshakes.

The Tuscaloosa restaurants will be open 24 hours a day, seven days a week, with breakfast menu items served from 11 p.m. to 11 a.m.

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ADVERTISEMENT

New Pill Reverses Memory Loss in an Amazing Way

Developed by top Israeli doctor; study shows key ingredient reverses years of mental decline and may also prevent dementia; initial users in America report improvements in memory, concentration, and thinking power

Daniel Ward, Sr.
Associated Health Press

AHP — It is not often that another country beats the US to a medical breakthrough. So when it happens, you know it's something special. That's why doctors and patients are so excited that Israel's new memory pill is now available in America.

Sold under the brand name *Lipogen PS Plus*, the new pill contains a key ingredient that regrows cells in the part of the brain that stores memories, which improves memory, concentration, and thinking power.

The phenomenon of growing new brain cells is known medically as neurogenesis. American scientists believed it was impossible to experience after a certain age. It may now be achieved at any age with *Lipogen PS Plus*.

"With daily use, *Lipogen PS Plus* will help replenish your natural brain's "building blocks" and develop healthy cells, which restore memory functions, enhance cognition, and prevent further mental decline" explains David Rutenburg, President of the parent company behind the *Lipogen* pill.

"This is what the clinical studies have shown and is why so many U.S. doctors are now recommending it to patients," he added.

WHY SO MUCH EXCITEMENT?

Since hitting the US market, sales for *Lipogen PS Plus* have soared and there are some very good reasons why.

To begin with, the clinical studies have been impressive. Participants taking the active ingredient in *Lipogen PS Plus* saw a 44% improvement in mental function. They also enjoyed a stronger memory, better recall, and were notably more upbeat and happy.

Lipogen's active ingredient is made of a natural compound. It is both safe and healthy. There are also no known side effects and it can be taken safely alongside any other medications.

Scientists believe that it helps to stimulate the growth of new brain cells in the hippocampus. The hippocampus is the part of the brain that's responsible for forming and storing long and short term memories.

Research has shown that as we get older, brain cells in this area of the brain become dysfunctional. This is what causes lapses in concentration, forgetfulness, and mental decline and why *Lipogen PS Plus* seems to be so effective.

"I no longer have the memory lapses I experienced before, and my recall and focus are once again effortless!" says Raymond H of Oregon.

IMPRESSIVE CLINICAL RESULTS

Groundbreaking research published by major health organizations,



POPULAR PILL: Doctors are now recommending new *Lipogen PS Plus* to seniors suffering from symptoms of memory loss and mental decline.

like PubMed, reveal that the leading ingredient in *Lipogen PS Plus* can improve your memory significantly.

In a double-blinded study, 149 men and women with age associated memory loss took the key ingredient in *Lipogen PS Plus* for a duration of three months. They were instructed to take it every morning without making changes to their current diet or lifestyle.

The results were stunning. The participants who took the pill as directed reversed their mental age by nearly 12 years according to researchers conducting the study.

They were also able to remember names, faces, and recall events faster and with great clarity.

A subsequent study conducted in Italy produced similar outstanding results, where users experienced a 44% improvement in mental function in just 90 days.

With results like these, it's easy to see why sales of *Lipogen PS Plus* are booming.

HOW IT WORKS

Lipogen PS Plus is a memory pill that is taken just once daily. It does not require a prescription.

The active ingredient is a compound known as phosphatidylserine. *Lipogen PS Plus* contains phosphatidylserine in a clinical dose, which is why it's so effective.

Research has shown that as we get older, brain cells become dysfunctional especially in an area of the brain called the hippocampus. The hippocampus is where long and short term memories are stored. If brain cells in this region fail, so does your memory.

Some people experience this in the form of lapses in concentration, forgetfulness, and the inability to recall important dates, names, and facts.

This would explain why so many users are experiencing impressive results so quickly.

"After about two or three weeks of taking the recommended dose, I noticed that I was remembering things, regardless of the degree of importance. Also, I noticed I was more alert

and able to concentrate. Hooray!" Linda R, West Virginia

"I am a 51 year-old woman taking your formula for about two months. I recognize a distinct difference in my memory and mental acuity. My mind is razor sharp!" -Linda H., Flowery Branch, GA

REDUCES STRESS AND ANXIETY

Published, clinical reports show daily dosing with phosphatidylserine not only helps sharpen your mind but also helps "perk you up" and put you in a better mood.

PS helps to manage everyday stress and elevate your mood by lowering your body's production of the hormone cortisol. When cortisol levels are too high for too long you experience fatigue, bad moods and weakness.

This drug-free brain-boosting formula enters your bloodstream fast (in as little as thirty minutes).

Officially reviewed by the FDA, phosphatidylserine is only nonprescription ingredient that has a qualified health claim for both cognitive dysfunction and dementia.

HOW TO GET LIPOGEN PS PLUS IN ALABAMA

This is the official release of *Lipogen PS Plus* in the US. As such, the company is offering a special discounted supply to any memory loss sufferer who calls within the next 48 hours.

A special hotline number and discounted pricing has been created for all Alabama residents. Discounts will be available starting today at 6:00AM and will automatically be applied to all callers.

Your Toll-Free Hotline number is 1-800-340-3734 and will only be open for the next 48 hours. Only a limited discounted supply of *Lipogen PS Plus* is currently available in your region.

Consumers who miss out on our current product inventory will have to wait until more becomes available and that could take weeks. Experience the guaranteed *Lipogen PS Plus* relief already enjoyed by thousands of consumers. The company advises not to wait. Call 1-800-340-3734 today.

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